Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Wednesday 22 Mar 2023 until 23:59 on Thursday 23 Mar 2023

Forecast Issued on Wednesday 22 Mar 2023 at 03:40 by Met Office Aberdeen

Confidence: High for an unsettled outlook over the coming days but lower for detail of precipitation later in the week. High for turning colder during the weekend.

Headline for Wednesday 22 Mar 2023: Storm force winds and frequent showers, wintry on the tops.

Mountain weather hazards on Wednesday 22 Mar 2023

Blizzards
Low Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
Low Likelihood

Gales
High Likelihood

Severe chill effect
High Likelihood

Poor visibility
Medium Likelihood

Thunderstorms
Low Likelihood

Heavy persistent rain
Low Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sleet showers (night)	Heavy snow showers	Sleet showers	Sunny intervals	Sunny	Heavy Rain
Precipitation probability					
80%	60%	40%	30%	20%	60%

Forecast for Wednesday 22 Mar 2023

Weather: Frequent showers, turning to sleet and snow during the morning above 500m. A risk of lightning, mainly over northwest Argyll and Lochaber in the morning. Mainly clear skies during the evening but clouding over from the south with further rain later. Very strong southwesterly winds easing through the afternoon.

Chance of cloud-free hill tops above 800m: 10% increasing to 70-80% during the afternoon, falling to 20% late evening.

Low Cloud and visibility: Extensive low cloud, base 500-700m, in association with the rain and frequent showers, and poor visibility. Scattered low cloud base 600-800m with any showers during the afternoon and drops in visibility. Otherwise patchy high base cloud and good visibility for much of the afternoon and evening. Extensive low cloud once again on the rain band.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Wednesday 22 Mar 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	57/69 SW	59/73 SW	50/64 SW	40/52 SW	33/42 S	32/41 S	26/33 S
900	40/52 SW	42/55 SW	36/50 SW	28/39 SW	24/32 S	23/31 S	18/24 S
600	52/63 SW	52/65 SW	42/55 SW	35/46 SW	29/37 S	28/36 S	21/27 S
300	28/40 SW	29/41 SW	24/38 SW	20/32 SW	15/24 S	16/24 S	13/21 S
Glen	20/38 SW	22/42 SW	19/37 SW	16/32 SW	7/18 S	11/23 S	8/19 S

Height (m)	Temperature / Feels Like (°C)						
1300	-3/-14	-4/-16	-3/-14	-3/-12	-2/-11	-3/-12	-3/-11
900	0/-9	-1/-10	-0/-9	0/-7	0/-6	-0/-7	-0/-6
600	2/-7	1/-8	2/-7	3/-5	4/-3	2/-4	2/-3
300	4/-2	4/-3	4/-2	5/0	6/2	4/-0	4/0
Glen	6/2	6/0	7/2	8/4	7/5	6/3	6/3
Freezing Level*	800m	600m	700m	800m	900m	900m	900m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Storm or severe gale force winds through much of the day but improving during the afternoon giving a more pleasant feel with increasing sunny spells.

Forecast for Thursday 23 Mar 2023
Weather: Low cloud and rain or sleet during the early hours of Thursday, clearing to leave dry and sunny conditions to start the day. Scattered showers then expected for much of the rest of the day before clearing into the evening.

Maximum wind: Southwesterly 20-25 mph.

Chance of cloud-free hill tops above 800m: 10-20% during the early hours, briefly increasing to 80% by dawn but decreasing again to 20-30% through the morning. 90% during the evening.

Low Cloud and visibility: Low cloud, base 500-700m, and moderate or poor visibility at first and in association with the showers later. Good visibility in dry spells.

Temperature: **Glens:** Plus 5 rising to plus 9 Celsius.
At 800m: Minus 1 rising to plus 1 Celsius.
Freezing level: 800-1000m.

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